



## “ME, MY (TRUE) SELF, AND GOD”

### Lesson 2:

#### CONNECT:

Share with your group something that would be very difficult to change in your life? ( This could be music preferences, sports teams, profession, etc.) Why is change so difficult in these situations?

#### CONNECT:

Have you ever said, “I have already made up my mind?” Looking back at the times when you have previously made this statement, was this the most healthy response for that particular scenario? Did you ever find yourself making poor decisions based on being closed - minded to change?

#### LEARN :

In Sunday’s message, there were 3 attributes mentioned to describe the soul:

1. Mind – Reasoning and thinking process
2. Will - Deciding and choosing process
3. Emotions – Feelings

How does this affect your ability to experience life in a healthy manner?

#### LEARN:

After watching the video content for week 2, discuss your observations of Spirit Salvation vs. Soul Salvation. ( Remember, You are a Spirit, you possess a soul, and you live in a body. )

#### LEARN:

Discuss with your group some reflex decisions that you have made in the past that takes you back to your teenage years. What influence do you think affected these reflex decisions?

#### LEARN:

Who is the most positive person that you know? What characteristics do they have that solidifies your selection?

#### APPLY:

In Sunday’s message, Pastor Jerry talked about the importance of a sheep being sheared. As a fellow sheep, take time this week and have conversation with the Great Shepherd about areas in your life that you give permission for “shearing.” Write down some healthy and attainable goals that you hope to achieve during this “shearing” process.

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