



“ME, MY (TRUE) SELF, AND GOD”

Lesson 3: Do You Want to be Well?

CONNECT:

Share with your group your favorite vacation destination. Why is it so special? What are some of your most enjoyable things to do while on vacation?

CONNECT:

What was your favorite arcade game growing up? Why was it so fun for you?

LEARN:

There was a reference made in this week’s message about the game “Whack a mole” as it relates to managing our spiritual growth. What are some “Whack a mole” moments from the past that brought exhaustion, discouragement, and unresolved issues? Why do you think these situations keep popping back up from time to time?

LEARN:

Pastor Trey shared a graphic in the message displaying stages of discipleship. These stages are: Stage 1 - Life changing awareness of God

Stage 2 - Learning

Stage 3 - The active life

Stage 4 - Journey inward

Stage 5 - Journey outward

Stage 6 - Transformed into love

Stage 7 - Leading someone in discipleship

What stage of discipleship would you say that you are currently in? Why did you choose this stage?

LEARN:

Pastor Trey talked about what a spiritual wall could be in our lives, as well as sharing 2 primary ways to get through that wall:

1. Through a crisis we face that turns our world upside down.
2. A holy discontent for where you are.

Share with your group a time where you had to break through a spiritual wall. How did you break through the wall? What lesson was learned during this breakthrough moment?

LEARN:

There was a statement made in the message that said, “You can’t be healed from what you’re unwilling to face.” Discuss with your group the significance of this statement.

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LEARN:

Can you recall a “Pick up your mat and walk” moment that completely changed your life? If so, how is it still impacting your life today?

APPLY:

The following statements were made in Sunday’s message:

“The problem is that it is easier to live in my excuses rather than doing what is necessary to be free.”

Jud Wilhite — “Sometimes a familiar captivity feels more comfortable than an unfamiliar freedom.”

Jesus asked the invalid, “Do you want to be well?” This question is also being directed to you. During the course of this week, take time to pursue the answer to this life changing question. If your answer is yes, there are 3 decisions that you must make in order to authenticate your “Yes.”

3 Decisions I must make:

1. I must decide if I really want to be healed.
2. I must decide to stop making excuses.
3. I must decide to take action.

Use these 3 questions to actively pursue your healing this week.

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