



“ME, MY (TRUE) SELF, AND GOD”

Lesson 6: Created for Connection

CONNECT:

What are the most important things that are affected in your life when you are disconnected from electricity?
How is your life impacted by being disconnected?

CONNECT:

What is a quirky or unusual fear that you have related to people?

LEARN:

Who has been a spiritual hero in your life? How has this person connected with you? How have you grown because of this person in your life?

LEARN:

We often fail to recognize our NEED for connection. However, without connection we cannot thrive... isolation & separation from one another leads to death. Have you ever experienced a time where isolation and separation from community led you into a difficult place in your life? How did you deal with the loneliness of being disconnected from people?

LEARN:

The phrase “one another” is used almost 100 times in the New Testament. Why do you think this phrase is so important? What are some “one another” actions that are vital to your personal health and well-being?

LEARN:

There were 5 challenges that were given to learn how to truly connect with others.

1. Admit the need.
2. Move toward others.
3. Challenge your distorted thinking.
4. Take a risk and be vulnerable.
5. Rely on the Holy Spirit.

Which of these 5 is your greatest strength? Which of these 5 is your greatest challenge? Why?

APPLY:

Take time this week and evaluate how you are doing with authentic community. Are you just touching the surface when connecting with others? Are you doing your part to grow deeper with authentic community? What can you do differently to receive a deeper connection from others, and give others a sense of safety that they can trust and depend on you for deeper community?

**LIFE — IS
BETTER
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