



## “ME, MY (TRUE) SELF, AND GOD”

### Lesson 8: The Truest Thing

#### CONNECT:

Have you ever had someone come up to you and call you by the wrong name? What was the reason for the mix up? How did being called by a different name make you feel?

#### CONNECT:

Have you ever been told that you look like someone else? How did this statement make you feel in relation to the other person? How did it make you feel about yourself?

#### LEARN:

Sunday’s message centered around understanding true identity. What are some factors that could lead someone to doubt or be confused about their identity?

#### LEARN:

Discuss with your group some common influences that our culture today uses to try and define a person’s identity? Why do you think it is so easy to listen to the false narrative culture wants to speak over your life?

#### LEARN:

The following words were spoken by Paul in Ephesians 1: 3-14 to remind us of our true identity in Christ:

1. Chosen
2. Holy & Blameless
3. Adopted
4. Redeemed & Forgiven

Take a minute and reread this passage with your small group aloud and discuss how each of these true identifiers combat the lies from the enemy about your truest identity.

#### APPLY:

In the video, Pastor Trey used an example from the children’s book “Just in Case You Ever Wonder,” by Max Lucado. This book reminds us of our *“Imago Dei”* birth right which is to be created in the Image of God. What can you take away from this book, as well as this entire series, about God’s love for you? What promises can you declare over your life to keep you further grounded in your truest identity in Christ? What voices do you need to ignore concerning the false narrative the enemy wants you to believe about you?

LIFE — IS  
BETTER  
TOGETHER