

Family Christmas

COMMUNION

In the chaos of the Christmas season, find time this week to take communion with your family.

1 Communion = Connection

When we take communion, our connection and relationship to Jesus, and ultimately with one another, becomes stronger.

2 Read 1 Corinthians 11:23-26

Jesus is addressing His followers about participating in communion together. This is something that we should all take part in. As Christians, we are also supposed to do it together as "The Church."

3 What is the Purpose of Communion?

Discuss some of these answers with your family members, then follow it with a funny story about a time you had trouble remembering something. Jesus wants us to remember Him through communion. We should continue participating until Christ returns again, so that we never forget He came and died for our sins.

4 The Body and the Blood

If you have young children, it will help to explain that these are symbols helping us remember the sacrifice Jesus made for us. Jesus died willingly for everyone because it was God's plan for Him to become our Savior.

5 Preparing for Communion

1 Corinthians 11:27-29 says that we must examine ourselves before participating in communion. For instance, if you need to make amends with someone, right a wrong, or forgive a person, do so before taking communion.

6 Taking Communion

Read 1 Corinthians 1:23-24 and eat the bread. Then, read 1 Corinthians 11:25-26 and drink the juice. Lead your family in prayer thanking Jesus for making the ultimate sacrifice - thank Him for the unending love He gives to us.